



PROGRAM

The Team In Training program in Central Ohio has been training runners, walkers and triathletes to achieve their fitness and marathon goals for over 20 years. Nationally more than 380,000 team members have successfully finished a marathon or triathlon while raising more than \$950 million to support the Leukemia & Lymphoma Society. You may want to join one of our marathon teams preparing for one of the following marathons.

**Columbus Marathon**

Columbus, OH- October

**Walt Disney World Mar.**

Orlando, FL- January

**P.F. Changs Marathon**

Arizona- January

**Capital City Half Mar.**

Columbus- May



**FACTS ABOUT LEUKEMIA & RELATED CANCERS**

- Leukemia, lymphoma, and myeloma are related because they are all cancers of the body's blood-forming and immune systems.
- The diseases combined are the second major cause of cancer deaths in men and women, under 35 in the U.S. each year.

**THE LEUKEMIA & LYMPHOMA SOCIETY MISSION**

Cure leukemia , lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families.

**MAKE CURES HAPPEN**

As long as you're going to run or walk the Columbus Marathon, why not do it for a great cause-to help cure leukemia. You can raise money to support the research and patient service programs and earn some great prizes at the same time! It's a race to help cure leukemia-the No. 1 disease killer of children.

**NOTE: You DO NOT have to participate in this program in order to participate in the race.**



**4 SIMPLE STEPS**

1. **REGISTER.** This is a separate registration from the race. Complete the attached registration and fax it to (614) 476-7189, or mail it today.
2. **SET A FUND-RAISING GOAL.** May we suggest a minimum of \$100, which would fund a supply of chemotherapy or transportation to a family support group. If your company has a matching gift program, you may be able to double your fundraising success.
3. **COLLECT CONTRIBUTIONS.** Use the sponsor form to ask family, friends, neighbors and co-workers for donations. You are awarded prizes based on the dollar amount you turn in at registration for the marathon.
4. **COME TO THE RACE EXPO.** Bring your collected contributions to **THE LEUKEMIA & LYMPHOMA SOCIETY BOOTH AT THE RACE EXPO.** If you cannot attend, mail your sponsor sheet and money to the Leukemia & Lymphoma Society, **2225 Citygate Dr. Suite E, Columbus, Ohio 43219.**

**SO YOU'RE GOING TO DO THE**



**WHY NOT MAKE CURES HAPPEN?**



**SUNDAY, OCT. 18, 2009**

**FOR MORE INFORMATION CALL: (614) 476-7194**  
**E-mail: [andrea.zelinski@lls.org](mailto:andrea.zelinski@lls.org)**

